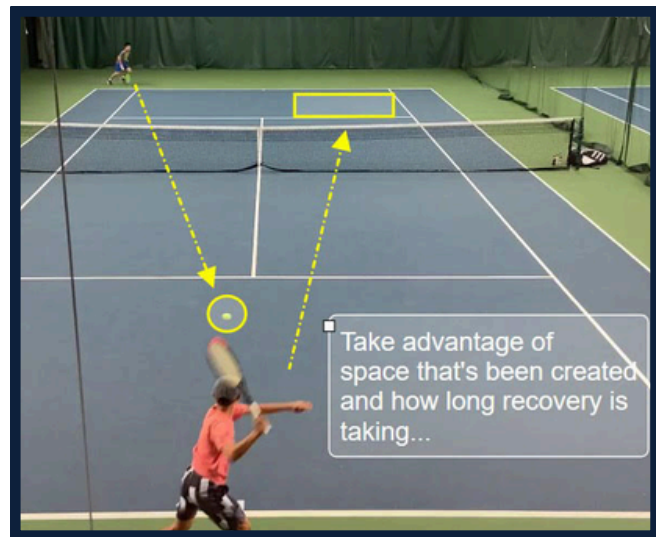


# VIDEO BASED TRAINING AT LEGACY



## LEVEL UP YOUR GAME THROUGH VBT

- *Masterclass Tennis IQ Sessions*
- *Private Lesson Performance Analysis*
- *Match Play Performance Analysis*
- *Competition Performance Analysis*
- *College Recruitment Video*
- *Dartfish Stroke Technical Analysis*



**SEE IT. LEARN IT. DO IT.**

# VIDEO BASED TRAINING

## CHA GOODS

*Cha Goods is a USTA certified high performance coach, a Dartfish analyst. He has called Legacy his home for 16 of his 19 years a professional, having worked with countless players, nurturing and guiding them through every stage of player development; achieving growth, maturity, and competitive success in the pursuit of their greatest tennis aspirations and goals.*



## PRICING

- |  |   |              |
|--|---|--------------|
| • <b>Match Play Performance Analysis</b>     | <i>1 hr. filming session and 30 minute analysis with player.</i>                            | <b>\$220</b> |
| • <b>Competition Performance Analysis</b>    | <i>1 hr. analysis session with player. BYOV only currently.</i>                             | <b>\$110</b> |
| • <b>Private Lesson Performance Analysis</b> | <i>1 hr. filming session and 30 minute analysis with player.</i>                            | <b>\$220</b> |
| • <b>Master Class Tennis IQ Session</b>      | <i>1 hr. session on topic chosen by participants.</i>                                       | <b>\$175</b> |
| • <b>Dartfish Stroke Technical Analysis</b>  | <i>1 hr. filming session and 30 minute analysis with player. Package include 6 strokes.</i> | <b>\$175</b> |
| • <b>College Recruitment Video</b>           | <i>1 hr. filming session and full editing and delivery of video.</i>                        | <b>\$300</b> |

*\*Bringing your own video (BYOV) may reduce the cost. All video will be reviewed by Cha to determine if it is at a quality level adequate for VBT.*

**Learn more about the benefits of VBT and why it is so important** →

## CONTACT

*To schedule a VBT session or for any VBT related questions please contact Coach Cha at [cgoods@legacyte.org](mailto:cgoods@legacyte.org)*

