2022-2023 Adult Tennis Clinic Guide

FALL, WINTER, AND SPRING TENNIS CLINICS

Play and Serve at Legacy's Adult Tennis Program
**Beginner Clinic (1hr)**
Suggested for first time players. Will go over all the basics of the game.
*Mon: 8:30-9:30 PM | Tues: 12:00 PM-1:00 PM | Wed: 12:00-1:00 PM | Sun: 5:30-7:00 PM*
8 Week Cost: $240 | $40 cost for drop in clinic

**3.0-3.5 Clinic (1.5hrs)**
Fed and live ball drills, strategy, shot selection and positioning.
*Mon: 9:30-11:00 AM | Tues: 8:30-10 PM | Sun: 8:30-10:00 AM*
8 Week Cost: $350 | $55 cost for drop in clinic

**Advanced Beginner 2.5 (1.5hrs)**
Building off the skills learned in the beginner clinic. Will focus on drill, live ball, and consistency.
*Mon: 8:30-10:00 PM | Thur: 9:30-11:00 AM | Sun: 5:30-7:00 PM*
8 Week Cost: $350 | $55 cost for drop in clinic

**4.0+ Clinic (1.5hrs)**
Stroke mechanics and proper movement to increase skill in both singles and doubles match play.
*Thur: 8:30-10:00 PM*
8 Week Cost: $350 | $55 cost for drop in clinic

**Cardio Tennis (1hr)**
The best sweat you'll get while working out. Focused on your workout instead of technique.
*Mon 8:00-9:00 AM | Wed: 8:00-9:00 AM | Sat: 10:00-11:00 AM*
8 week cost $240 | $40 cost for drop in clinic

**Doubles Tactics (1.5hrs)**
These drills are great for USTA league practice. We will focus on strategies that are necessary to be successful in doubles.
*Doubles Wed: 9:30-11:00 AM*
8 Week Cost: $350 | $55 cost for drop in clinic

**Live Ball 2.0/3.0 (1.5hrs)**
This clinic will be focused on point play. The 2.0 + will consist of learning the rules, and how to play a match. 3.0 + will focus on playing full matches and structured point play.
*Tues: 9:30-11:00 AM | Sat: 8:30-10:00 AM*
8 Week Cost: $350 | $55 cost for drop in clinic

**Shot of the Week (1hr)**
Open to all levels. Focuses on improving a unique shot.
*Mon: 11:00AM-12:00 PM*
8 Week Cost: $240 | $40 cost for drop in clinic

*Must be referred by Director of Adult Tennis: Scott Battaglia sbattaglia@legacyyte.org*
Pickleball is the fastest growing sport in America. Pickleball combines concepts of tennis and other racket sports. If you love tennis you will love pickleball just as much!

### Live Ball 3.0+
- **Wed/Thur:** 8:30-10:00 PM
- **Sat:** 5:30-7:00 PM
- **Sun:** 8:30-10:00 PM

### Shot of the Week
- **Wed/Thur:** 11:00AM-12:00 PM
- **Sat:** 8:30-10:00 AM

### 2022-2023 CLINICS SCHEDULE

**Session Dates**
- **Session 1:** September 6th-October 30th
- **Session 2:** October 31st-December 23rd
- **Session 3:** January 2nd-February 26th
- **Session 4:** February 27th-April 16th
- **Session 5:** April 17th-June 5th

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Legacy has added 2 new pickleball courts! Courts are first come first serve! Reach out to the front desk or Director to book your pickleball court!
Adult Tennis

**Adult Membership**
$495 a year from signup date

Free indoor/outdoor court time when booked within 24 hours
$7 dollar guest fee per guest/per hour
10% off of regular clinic pricing
10% off Legacy Adult Events hosted by Director

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**PRIVATE LESSONS**

LEGACY offers private lessons as part of the comprehensive programming offered here at the LEGACY Center. Rates for private lessons are based on pro levels: Director, Senior Lead, Lead and Staff. Work with your private coach to lock in your spots before courts sell out, and if you’re new to private lessons at Legacy, let us know and we will help place you! Lessons Expire 8/31/2023

**LESSON PACKAGE**
Buy 12 lessons and get the 13th free when you register with 40% down!

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**SCOTT BATTAGLIA**
**sbattaglia@legacyyte.org**
**Director of Adult Tennis**

Scott, a Delaware native, was a highly ranked Middle States and National Tennis Player. Scott graduated from Saint Joseph’s University.

At Saint Joe’s, Scott competed on the Division 1 Men’s Tennis Team, and was elected team captain his senior year. Prior to joining LEGACY, Scott was an Assistant Racquets Professional at Chester Valley Golf Club and Philadelphia Country Club. While Scott is excited to grow our adult program, he is also passionate and highly interested in coaching all LEGACY players.

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**CHRIS ATIENZA**
**catienza@legacyyte.org**
**Associate Director of Adult Tennis**

Chris is a USPTR and USPTA Certified Professional. He has held positions as a Senior Head Teaching Professional at Cunningham Tennis Center, and Junior Programs Director at Bay Terrace Tennis in the NY area. Chris has taught many top sectional and national-level players coming for the Eastern section.

As a junior, Chris was a nationally ranked player and went on to play Division 1 College tennis at St. John’s University. His teaching philosophy combines mind and eye training with technique and strategies. He’s a firm believer that every training session should be the foundation for the next.