

2022-2023 Adult Tennis Clinic Guide

FALL, WINTER, AND SPRING
TENNIS CLINICS



SCAN ME

Play and Serve at Legacy's Adult Tennis Program



Beginner Clinic (1hr)

Suggested for first time players. Will go over all the basics of the game.

Mon: 8:30-9:30 PM | Tues: 12:00 PM-1:00 PM | Wed: 12:00-1:00 PM | Sun: 5:30-7:00 PM

8 Week Cost: \$240 | \$40 cost for drop in clinic

*3.0-3.5 Clinic (1.5hrs)

Fed and live ball drills, strategy, shot selection and positioning.

Mon: 9:30-11:00 AM | Tues: 8:30-10 PM | Sun: 8:30-10:00 AM

8 Week Cost: \$350 | \$55 cost for drop in clinic



Advanced Beginner 2.5 (1.5hrs)

Building off the skills learned in the beginner clinic. Will focus on drill, live ball, and consistency.

Mon: 8:30-10:00 PM | Thur: 9:30-11:00 AM | Sun: 5:30-7:00 PM

8 Week Cost: \$350 | \$55 cost for drop in clinic

*4.0+ Clinic (1.5hrs)

Stroke mechanics and proper movement to increase skill in both singles and doubles match play.

Thur: 8:30-10:00 PM

8 Week Cost: \$350 | \$55 cost for drop in clinic



Cardio Tennis (1hr)

The best sweat you'll get while working out. Focused on your workout instead of technique.

Mon 8:00-9:00 AM | Wed: 8:00-9:00 AM | Sat: 10:00-11:00 AM

8 week cost \$240 | \$40 cost for drop in clinic

Doubles Tactics (1.5hrs)

These drills are great for USTA league practice. We will focus on strategies that are necessary to be successful in doubles.

Doubles Wed: 9:30-11:00 AM

8 Week Cost: \$350 | \$55 cost for drop in clinic



Live Ball 2.0/3.0 (1.5hrs)

This clinic will be focused on point play. The 2.0 + will consist of learning the rules, and how to play a match. 3.0 + will focus on playing full matches and structured point play.

Tues: 9:30-11:00 AM | Sat: 8:30-10:00 AM

8 Week Cost: \$350 | \$55 cost for drop in clinic

Shot of the Week (1hr)

Open to all levels. Focuses on improving a unique shot.

Mon: 11:00AM-12:00 PM

8 Week Cost: \$240 | \$40 cost for drop in clinic

***Must be referred by Director of Adult Tennis: Scott Battaglia sbattaglia@legacyyte.org**

Pickleball

CLINICS



Legacy has added 2 new pickleball courts! Courts are first come first serve! Reach out to the front desk or Director to book your pickleball court!

Pickleball is the fastest growing sport in America. Pickleball combines concepts of tennis and other racket sports. If you love tennis you will love pickleball just as much!

PICKLEBALL

Wed: 11:00-12:00 PM Thurs: 11:00AM-12:00 PM

Wed: 11:00AM-12:00 PM | Thur: 11:00AM-12:00 PM
8 Week Cost: \$240 | \$40 cost for drop in clinic

2022-2023

CLINICS SCHEDULE

Session Dates

Session 1: September 6th-October 30th

Session 2: October 31st-December 23rd

Session 3: January 2nd-February 26th

Session 4: February 27th-April 16th

Session 5: April 17th-June 5th

	MON	TUES	WED	THUR	SAT	SUN
BEGINNER	8:30-10:00 PM	12:00PM-1:00 PM	12:00-1:00 PM			5:30-7:00 PM
*3.0-3.5 CLINIC	9:30-11:00 AM	8:30-10:00 PM				8:30-10:00 AM
ADVANCED BEGINNER/2.5	8:30-10:00 PM			9:30-11:00 AM		5:30-7:00 PM
*4.0+ CLINIC				8:30-10:00 PM		
CARDIO TENNIS	8:00-9:00 AM		8:00-9:00 AM			
DOUBLES TACTICS			9:30-11:00 AM			
LIVE BALL 2.0+		9:30-11:00 AM				
LIVE BALL 3.0+					8:30-10:00 AM	
SHOT OF THE WEEK	11:00AM-12 PM					

Adult Tennis

Adult Membership
\$495 a year from signup date

Free indoor/outdoor court time when booked within 24 hours

\$7 dollar guest fee per guest/per hour

10% off of regular clinic pricing

10% off Legacy Adult Events hosted by Director



PRIVATE LESSONS

LEGACY offers private lessons as part of the comprehensive programming offered here at the LEGACY Center. Rates for private lessons are based on pro levels: Director, Senior Lead, Lead and Staff. Work with your private coach to lock in your spots before courts sell out, and if you're new to private lessons at Legacy, let us know and we will help place you! Lessons Expire 8/31/2023

LESSON PACKAGE

Buy 12 lessons and get the 13th free when you register with 40% down!



SCOTT BATTAGLIA
SBATTAGLIA@LEGACYYTE.ORG
Director of Adult Tennis

Scott, a Delaware native, was a highly ranked Middle States and National Tennis Player. Scott graduated from Saint Joseph's University.

At Saint Joe's, Scott competed on the Division 1 Men's Tennis Team, and was elected team captain his senior year. Prior to joining LEGACY, Scott was an Assistant Racquets Professional at Chester Valley Golf Club and Philadelphia Country Club. While Scott is excited to grow our adult program, he is also passionate and highly interested in coaching all LEGACY players.



CHRIS ATIENZA
CATIENZA@LEGACYYTE.ORG
Associate Director of Adult Tennis

Chris is a USPTR and USPTA Certified Professional. He has held positions as a Senior Head Teaching Professional at Cunningham Tennis Center, and Junior Programs Director at Bay Terrace Tennis in the NY area. Chris has taught many top sectional and national-level players coming for the Eastern section.

As a junior, Chris was a nationally ranked player and went on to play Division 1 College tennis at St. John's University. His teaching philosophy combines mind and eye training with technique and strategies. He's a firm believer that every training session should be the foundation for the next.

1 make-up allowed per session within the same session. Pre-approval of make-ups are required. Once the session begins no refunds or future credit will be issued.